

Items for Sale

Each of the following are available from LEC. The handouts can be e-mailed; as can the ISUs. Blueprints and the Exam Practice Book must be mailed. The handouts and the ISUs can also be sent by mail. Indicate which of the following you would like to purchase and enclose the appropriate amount - check or money order made out to LEC. Credit cards also accepted.

Handouts

1. Breastfeeding Diary
2. Beginning Breastfeeding
3. Baby's Second Night
4. Infant Feeding Instructions
5. Breastfeeding Is Going Well If...
6. Pacifiers
7. Permission to Supplement
8. Saving Breastmilk
9. LC Consent Form
10. Engorgement
11. Biting
12. Safe Bedding Practices
13. "Gentle" Waking
14. Red Flags & Risk Factors
15. Telephone Log
16. How to Dry Up Your Milk
17. When Baby Can't Nurse at Breast
18. Reverse Pressure Softening
19. Care Plan for Treating Yeast Infections
20. Will Breastfeeding Change My Lifestyle?
21. Care Plan for Sore Nipples
22. Smoking
23. Care Plan for Treating Plugged Ducts
24. Questionnaire for Mom - Risk Factors
25. Agreement to Use a Nipple Shield
26. The Late Preterm Baby
27. Special Feeding Plan
28. Cup Feeding Your Baby
29. Baby's Second Night - Spanish

Each of these handouts is \$4.00. All reviewed and/or updated in 2009.

The "Complete Set" Vol. 1 includes 1-17 can be purchased for \$50. Vol 2 Set includes 18-29 and may be purchased for \$35. All prices include shipping & handling*. All handouts may be copied and distributed. They may not be resold.

Three new handouts - sold separately @ \$4 each:

1. Pacing Bottle Feeds
2. Daddy's Involvement
3. Congratulations, Grandma!

LEC's Practice Exam Book - \$45

Includes 7 exams of 50 questions each, and an 8th exam of 60 pictures with answer choices. References and some questions updated as of 2010. Price includes S&H.*

BRAND NEW EDITION (2010):

"Clinical Experience in Lactation - A Blueprint for Internship" - \$56 (includes S&H*)

This text was designed to offer the aspiring lactation consultant structured guidelines as she begins the clinical practice aspect of her education. It is the only lactation text written exclusively for clinical practice preparation.

Independent Study Units

----- Reading & Responses: \$100 total - \$25 with registration and \$75 when ISU submitted (20 CERPS)

----- Infant Challenges: \$150 total - \$40 with registration and \$110 when ISU submitted (30 CERPS)

----- Maternal Challenges: \$150 total - \$40 with registration and \$110 when ISU submitted (30 CERPS)

NOTE: If these units are being mailed to you, please add \$5 for 1-2 units, \$10 for 3 units. If you prefer to have them e-mailed, please note that and write your e-mail address clearly. There is NO S&H charge if they are e-mailed. Note that for Reading & Responses you will have to borrow or purchase the 2005 or 2011 edition of Counseling the Nursing Mother by Lauwers and Swisher to complete the ISU. Your certificate will be e-mailed back to you from LECOffice@aol.com

*Canadian and overseas customers, please contact LEC for S&H fees.

Please allow 3 weeks for delivery of purchases.