

Items for Sale

Each of the following are available from LEC by mail. Circle the number of each one you would like sent to you, and enclose the appropriate amount – check or money order made out to LEC. Mail to: LEC, c/o Jan Barger, 618 N. Wheaton Ave., Wheaton IL 60187. Phone 630-260-4847; Fax: 630-260-8879. E-mail: LECOffice@aol.com.

1. Breastfeeding Diary
2. Beginning Breastfeeding
3. Baby's Second Night
4. Infant Feeding Instructions
5. Breastfeeding Is Going Well If...
6. Pacifiers
7. Permission to Supplement
8. Saving Breastmilk
9. LC Consent form
10. Engorgement Handout
11. Biting
12. Safe Bedding Practices
13. "Gentle" Waking
14. Red Flags & Risk Factors
15. Telephone Log
16. How to Dry Up Your Milk
17. When Baby Can't Nurse at Breast
18. Reverse Pressure Softening
19. Care Plan for Treating Yeast Infections
20. Will Breastfeeding Change My Lifestyle?
21. Care Plan for Sore Nipples
22. Smoking and Babies
23. Care Plan for Treating Plugged Ducts
24. Questionnaire for Mom Risk Factors
25. Agreement to Use a Nipple Shield
26. The Baby that is "Just a Little Early"
27. Special Feeding Plan
28. Cup Feeding Your Baby
29. Baby's Second Night – Spanish

Each of these handouts is \$4.00.

All handouts reviewed and/or updated in 2009.

The "Complete Set" Vol. 1 which includes 1 - 17 can be purchased for \$50. Vol 2 Set includes 18 - 29 and may be purchased for \$35. All prices include shipping & handling.* All handouts may be copied and distributed. They may not be resold.

Handouts can be sent by e-mail in PDF format.

Three new handouts – sold separately @ \$4 each

1. Pacing Bottle Feeds
2. Daddy's Involvement
3. Congratulations Grandma

LEC's Practice Exam Book – \$43

Includes 7 exams of 50 questions each, and an 8th exam of 60 pictures with answer choices. (2008) Includes S&H.*

"Clinical Experience in Lactation – A Blueprint for Internship" – \$68

Blueprints is a training manual developed to help aspiring lactation consultants focus on the activities and experiences they need to become confident and knowledgeable in their new profession.

Independent Study Units

_____ **Reading & Responses**: \$100 total – \$25 w/ registration & \$75 when ISU submitted (20 CERPS)

_____ **Lactation Practicum** \$200 total – \$50 w/ registration & \$150 when ISU submitted (40 CERPS)

_____ **Infant Challenges**: \$150 total – \$40 w/ registration & \$110 when ISU submitted (30 CERPS)

----- **Maternal Challenges**: \$150 total – \$40 w/ registration & \$110 when ISU submitted (30 CERPS)

_____ **Barriers & Support Systems**: \$25 total – \$10 w/ registration & \$15 when ISU submitted (5 CERPS)

_____ **Baby Matters**: \$25 total – \$10 w/ registration & \$15 when ISU submitted (5 CERPS)

NOTE: If these units are being mailed to you, please add \$5 for 1-2 units, \$10 for 3-4 units; \$15 for 5-6 units. If you prefer to have them e-mailed, please note that and write your e-mail address clearly. There is NO S&H charge if they are being e-mailed. Your certificate will be e-mailed back to you from LECOffice@aol.com

*Canadian customers, please contact LEC for S&H fees.

Please allow 3 weeks for delivery of purchases.

Name _____ Phone _____

Mailing Address _____
(Street) City) (State/Zip)

E-mail address _____

Check # _____ Credit Card: Visa MasterCard Discover (Circle one)

CC number: _____ Security # _____ Expiration Date

Name as it appears on card

Billing address if different from shipping address _____

Total Items Ordered _____ Total amount enclosed or to be billed _____

Please mail order form to:

LEC
c/o Jan Barger
618 N Wheaton Ave
Wheaton IL 60187

Questions? E-mail: LECOoffice@aol.com
Phone: 630-260-4847

or fax to:

630-260-8879